

***SUMMER 2011 Speedo Championship Series Central Section
Region VIII***

**Mizzou Aquatic Center - Columbia Missouri July 20-23, 2011
Qualifying Times**

Women				Men	
Long Course	Short Course	<u>Day One</u>	Short Course	Long Course	
1:02.19	54.39	100 Free	49.29	56.29	
2:55.19	2:34.29	200 Breast	2:22.29	2:43.39	
2:34.39	2:15.29	200 Back	2:03.79	2:22.39	
9:47.69	10:58.49	800/1000 Free	10:23.69	9:16.99	
		<u>Day Two</u>			
2:14.39	1:58.19	200 Free	1:48.49	2:03.59	
5:26.09	4:47.19	400 IM	4:25.99	5:01.59	
1:08.59	1:00.59	100 Fly	54.49	1:01.89	
4:25.79	3:54.79	400 Free Relay	3:36.39	4:04.59	
		<u>Day Three</u>			
4:43.59	5:17.79	400/500 Free	4:56.49	4:25.09	
1:20.99	1:11.19	100 Breast	1:04.19	1:14.19	
2:33.89	2:16.19	200 Fly	2:05.09	2:21.59	
1:11.89	1:02.69	100 Back	56.99	1:05.69	
9:39.79	8:36.99	800 Free Relay	7:48.99	9:18.39	
		<u>Day Four</u>			
2:33.99	2:15.79	200 IM	2:03.69	2:20.59	
18:59.49	18:37.19	1500/1650 Free	17:26.99	17:47.69	
28.69	25.19	50 Free	22.59	25.79	
4:57.19	4:19.39	400 Medley Relay	3:54.99	4:35.09	