

Swim Meet Tips for Parents

 Check out the meet schedule for hotel and meet info. (Found on the CSC website.)


Print them both out


 Make hotel reservations ASAP! Rooms fill up fast!

 Read the meet info posted on the CSC website, it will answer almost all of your questions.

 If you need to, you can get on mapquest.com for directions and a road map.

 Bring extra towels

 Pack Chairs and blankets/sleeping bag for the crash area if there is one. (See meet info)

 The meet info for warm up information, but at times is confirmed by coaches.

E.g. First warm ups vs. second warm ups

 Cheer for your swimmer/watch them race and remind them to have fun!

 **BE ON TIME FOR WARM UPS!** (15 minutes before warm ups start at the latest.)

Send any questions to Mentoring@csctigersharks.org

