

Columbia Swim Club

Winter Invitational Swim Meet

Hickman High School
January 27-29, 2006

MVS SANCTION: MV- 06-05

TYPE OF MEET: Age Group and Open, 8 & Under – Timed Finals

LOCATION: Hickman High School Pool, 1104 N. Providence Road, Columbia, Mo 65201.
DIRECTIONS: Traveling on I-70, exit at Providence Road. Turn south. Go one block past Business 70 (first light). Hickman Pool will be on the left.

FACILITY: A 25 yard, six lane, enclosed heated pool with a 30' x 30' section for warming up and cooling down; a wide apron; and seating for several hundred spectators. Colorado V Timing system with electronic start and single line display will be used.

STARTING TIMES:

FRIDAY:	Warm Ups: 5:15 p.m. Meet Starts: 6:30 p.m.
SATURDAY AND SUNDAY MORNINGS:	Warm Ups: 7:30 a.m. Meet Starts: 8:30 a.m.
SATURDAY AND SUNDAY AFTERNOONS:	Warm Ups: NOT BEFORE 11:30 a.m. Meet Starts: NOT BEFORE 12:30 p.m.

OFFICIALS:

Meet Referee:	Don Smith: 573-635-8799 fuzz442@hotmail.com
Meet Directors:	Kathy Payne: 573-449-7805 paynek@health.missouri.edu Paul Ward: 573-814-0310 paul.ward@mchsi.com

ENTRIES: All swimmers must be 2006 athlete members of USA Swimming. The swimmer's age on Friday, January 27, 2006 determines the age for the meet.

Swimmers may swim **4 individual events plus one relay each day**. The following events may be limited to the 18 fastest swimmers: 400 Yard I.M., 500, 1000 and 1650 Yard Freestyle. If more than the maximum entries are received for either sex, it may be possible to exceed the entry limit only if there are less than the entry limit entered by the other sex in that event. As a result, it may be necessary to combine male and female swimmers in the same heats to allow for the most number of competitors to swim these events. Under no circumstances will there be more than 36 total swimmers in these events. The 1650 and 1000 Freestyle may be swum fastest to slowest heats. Swimmers must provide their own timers and counters for the 500, 1000 and 1650 yard Freestyle.

Entries are limited to 350 swimmers excluding entries from the host club. In the event that fewer than expected entries are received, Saturday and Sunday events may be rescheduled in One Session (provided such session will meet the MVS 4-hour rule). If such rescheduling takes place, each team will be notified by telephone call prior to the meet.

Entries should be submitted on HYTEK disk or on Missouri Valley entry forms with entry times in yards.

FINAL RESULTS:

Teams submitting their entries on disk will receive their disk back at the end of the meet with final results. Final Results will be posted on the Missouri Valley Website at www.missourivalleyswimming.com and may include the swimmer's name, age, times and USA Swimming number. Final results will also be posted on the CSC website at www.csctigersharks.org.

Mail entries to:

Dana Sheahen
2713 Surfside Ct.
Columbia, Mo. 65203
573-446-1110
entries@csctigersharks.org

DEADLINE:

TUESDAY, JANUARY 17, 2006. Late Entries will be accepted at the discretion of the Meet Director. Overnight mail entries should NOT require a signature upon receipt.

FEES:

\$3.50 per individual event
\$5.00 per relay team

Deck entries will be accepted only if lanes are available.

Fees for deck entries will be:

\$7.00 per individual event

\$10.00 per relay team

Please make checks payable to **Columbia Swim Club**.

SEEDING:

Meet will be deck-seeded.

MEET RULES:

2006 United States Swimming Rules and Regulations and 2006 Missouri Valley Swimming Rules will govern the meet. Missouri Valley Swimming Safety Guidelines and Warm-Up Procedures will be in effect. MVS Scratch Rule will apply.

AWARDS:

Ribbons will be awarded to the 12 and under age group only for the top 6 finishers in each individual event and the top 3 teams in each relay event.

WARM UPS:

Warm up lanes will be assigned. Warm ups will be split if necessary and teams will be advised of their warm up times. Swimmers may not dive into the pool during general warm-up. Any swimmer diving into the pool may be disqualified from one or more events at the discretion of the Meet Referee. Swimmers may dive during a designated sprint warm up.

CONCESSION:

Food Concessions sponsored by Columbia Swim Club will be available throughout the meet. Dry Concessions will be available through Tryathletics.

HEAT SHEETS:

Heat Sheets will be available.

CSC Winter Invitational Order of Events

Friday		Warm-up at 5:15 p.m.	Meet Begins 6:30 p.m.
Women's Event		Men's Event	
1	11-12 200 I.M.	2	
3	10 & U 200 I.M	4	
5	Open 50 Freestyle	6	
7	11-12 50 Freestyle	8	
9	10 & U 50 Freestyle	10	
11	Open 1000 Freestyle	12	
Saturday Morning		Warm-up at 7:30 a.m.	Meet Begins 8:30 a.m.
Women's Event		Men's Event	
13	11-12 200 Medley Relay	14	
15	10 & U 200 Medley Relay	16	
17	11-12 200 Freestyle	18	
19	10 & U 200 Freestyle	20	
21	11-12 50 Backstroke	22	
23	10 & U 50 Backstroke	24	
25	11-12 100 Breaststroke	26	
27	10 & U 100 Breaststroke	28	
29	11-12 50 Butterfly	30	
31	10 & U 50 Butterfly	32	
33	12 & U 500 Freestyle	34	
Saturday Afternoon		Warm-up no earlier than 11:30 a.m.	Meet Begins no earlier than 12:30 p.m.
Women's Event		Men's Event	
35	Open 200 Medley Relay	36	
37	8 & U 25 Butterfly	38	
39	Open 200 I. M.	40	
41	8 & U 50 Freestyle	42	
43	Open 100 Freestyle	44	
45	8 & U 25 Backstroke	46	
47	Open 200 Backstroke	48	
49	8 & U 50 Breaststroke	50	
51	Open 100 Breaststroke	52	
53	Open 200 Butterfly	54	
55	Open 1650 Freestyle	56	

CSC Winter Invitational Order of Events

Sunday Morning	Warm-up at 7:30 a.m.	Meet Begins 8:30 a.m.
Women's Event	Men's Event	
57	11-12 100 I.M.	58
59	10 & U 100 I.M.	60
61	11-12 100 Backstroke	62
63	10 & U 100 Backstroke	64
65	11-12 50 Breaststroke	66
67	10 & U 50 Breaststroke	68
69	11-12 100 Freestyle	70
71	10 & U 100 Freestyle	72
73	11-12 100 Butterfly	74
75	10 & U 100 Butterfly	76
77	11-12 200 Freestyle Relay	78
79	10 & U 200 Freestyle Relay	80
Sunday Afternoon	Warm-up no earlier than 11:30 a.m.	Meet Begins no earlier than 12:30 p.m.
Women's Event	Men's Event	
81	Open 200 Free Relay	82
83	8 & U 100 I.M.	84
85	Open 400 I. M.	86
87	8 & U 25 Freestyle	88
89	Open 200 Freestyle	90
91	8 & U 50 Backstroke	92
93	Open 100 Backstroke	94
95	8 & U 25 Breaststroke	96
97	Open 200 Breaststroke	98
99	8 & U 50 Butterfly	100
101	Open 100 Butterfly	102
103	Open 500 Freestyle	104

Hotel Information

Holiday Inn Select

2200 I-70 Drive S.W.

Columbia, MO 65203

Phone: 573-445-8531

Rate: \$75 (plus tax)

We have 50 rooms blocked each night for January 27 & 28

Each room has 2 doubles and are non-smoking

Cut off to make reservations: 12/30/05

Block name: CSC Winter Invitational

Comfort Suites

1010 Business Loop 70 West

Columbia, MO 65202

Phone: 573-443-0055

Rate: \$75 (plus tax)

We have 42 rooms blocked each night for January 27 & 28

Each room has 2 doubles and are non-smoking

Cut off to make reservations: 1/16/06

Block name: Columbia Swim Club