

# Columbia Swim Club

## Winter Invitational Swim Meet

Hickman High School  
January 28-30, 2005

**MVS SANCTION:** MV-05-07

**TYPE OF MEET:** Age Group and Open, 8 & Under – Timed Finals

**LOCATION:** Hickman High School Pool, 1104 N. Providence Road, Columbia, Mo 65201.  
**DIRECTIONS:** Traveling on I-70, exit at Providence Road. Turn south. Go one block past Business 70 (first light). Hickman Pool will be on the left.

**FACILITY:** A 25 yard, six lane, enclosed heated pool with a 30' x 30' section for warming up and cooling down; a wide apron; and seating for several hundred spectators. Colorado V Timing system with electronic start and single line display will be used.

**STARTING TIMES:**

FRIDAY:	Warm Ups: 5:15 p.m. Meet Starts: 6:30 p.m.
SATURDAY AND SUNDAY MORNINGS:	Warm Ups: 7:30 a.m. Meet Starts: 8:30 a.m.
SATURDAY AND SUNDAY AFTERNOONS:	Warm Ups: NOT BEFORE 12:00 p.m. Meet Starts: NOT BEFORE 1:15 p.m.

**OFFICIALS:**

Meet Referee:	Don Smith: 573-635-8799 <a href="mailto:fuzz442@hotmail.com">fuzz442@hotmail.com</a>
Meet Directors:	Peter Markie: 573-445-5207 markiep@missouri.edu Kathy Payne: 573-449-7805 paynek@health.missouri.edu
Safety Marshals:	USA Swimming member lifeguards employed by Columbia Parks and Recreation.

**ENTRIES:** All swimmers must be 2005 athlete members of USA Swimming. Registration of all athletes will be verified by the MVS Registration Chair prior to the meet. Those not registered will not be allowed to swim in the meet. The swimmer's age on Friday, January 28, 2005 determines the age for the meet.

Swimmers may swim **4 individual events plus one relay each day**. The following events may be limited to the 18 fastest swimmers: 400 Yard I.M., 500, 1000 and 1650 Yard Freestyle. These events may be seeded and swum without regard to gender. The 1650 and 1000 Freestyle may be swum fastest to slowest heats. Swimmers must provide their own timers and counters for the 500, 1000 and 1650 yard Freestyle.

Entries are limited to 350 swimmers excluding entries from the host club. In the event that fewer than expected entries are received, Saturday and Sunday events may be rescheduled in One Session (provided such session will meet the MVS 4-hour rule). If such rescheduling takes place, each team will be notified by telephone call prior to the meet.

Entries should be submitted on HYTEK disk or on Missouri Valley entry forms with entry times in yards.

**FINAL RESULTS:**

Teams submitting their entries on disk will receive their disk back at the end of the meet with final results. Final Results will be posted on the Missouri Valley Website at [www.missourivalleyswimming.com](http://www.missourivalleyswimming.com) and may include the swimmer's name, age, times and USA Swimming number. Final results will also be posted on the CSC website at [www.csctigersharks.org](http://www.csctigersharks.org).

**Mail entries to:**

Dana Sheahen  
2713 Surfside Ct.  
Columbia, Mo. 65203  
573-446-1110  
email: [dana\\_Sheahen@yahoo.com](mailto:dana_Sheahen@yahoo.com)

**DEADLINE:**

**TUESDAY, JANUARY 18, 2005.** Late Entries will be accepted at the discretion of the Meet Director. Overnight mail entries should NOT require a signature upon receipt.

**FEES:**

\$2.00 per individual event  
\$5.00 per relay team  
\$2.50 per swimmer MVS surcharge  
\$3.00 per swimmer Columbia Parks & Recreation Facilities Use Fee

Deck entries will be accepted only if lanes are available.

Fees for deck entries will be:

\$4.00 per individual event  
\$10.00 per relay team

If not previously entered in the meet, you will also need to pay \$2.50 per swimmer MVS surcharge and \$3.00 per swimmer Facilities Use Fee.

Please make checks payable to **Columbia Swim Club**.

**SEEDING:**

Meet will be pre-seeded, with deck entries permitted to fill empty lanes only.

**MEET RULES:**

2004 United States Swimming Rules and Regulations and 2004 Missouri Valley Swimming Rules will govern the meet. Missouri Valley Swimming Safety Guidelines and Warm-Up Procedures will be in effect. MVS Scratch Rule will apply.

**AWARDS:**

Ribbons for the top 6 finishers in each individual event and the top 3 teams in each relay event.

**WARM UPS:**

Warm up lanes will be assigned. Warm ups will be split if necessary and teams will be advised of their warm up times. Swimmers may not dive into the pool during general warm-up. Any swimmer diving into the pool may be disqualified from one or more events at the discretion of the Meet Referee. Swimmers may dive during a designated sprint warm up.

**CONCESSION:**

Food Concessions sponsored by Columbia Swim Club will be available throughout the meet. Dry Concessions will be available through Tryathletics.

**HEAT SHEETS:**

Heat Sheets will be available.

**Hotel Information:**

The CSC Hotel of Choice is the Holiday Inn Executive Center, 2200 I-70 Drive SW, Columbia, MO 65203, 573-445-8531. A block of 50 rooms is currently reserved for all clubs. Additional rooms can be booked over the original block of 50. Call the hotel direct to book single rooms or a block of rooms. Please ask for the Columbia Swim Club special promotional rate: \$74.95 + tax per night. The rate and rooms will be held until 1-14-05.

The Stoney Creek Inn, 2601 S. Providence Rd., Columbia, MO, 65203, 573-442-6400 is holding a block of 15 non-smoking rooms until 12-28-04 at a rate of \$80 + tax per night. Additional rooms may be available at the time of booking.

All blocks of rooms are available for both Friday 1/28 and Saturday 1/29.

We look forward to seeing you in Columbia!

## CSC Winter Invitational Order of Events

<b>Friday</b>		<b>Warm-up at 5:15 p.m.</b>	<b>Meet Begins 6:30 p.m.</b>
<b>Women's Event</b>		<b>Men's Event</b>	
1	11-12 200 I.M.	2	
3	10 & U 200 I.M	4	
5	Open 50 Freestyle	6	
7	13-14 50 Freestyle	8	
9	11-12 50 Freestyle	10	
11	10 & U 50 Freestyle	12	
13	Open 1000 Freestyle	14	
<b>Saturday Morning</b>		<b>Warm-up at 7:30 a.m.</b>	<b>Meet Begins 8:30 a.m.</b>
<b>Women's Event</b>		<b>Men's Event</b>	
15	11-12 200 Medley Relay	16	
17	10 & U 200 Medley Relay	18	
19	11-12 200 Freestyle	20	
21	10 & U 200 Freestyle	22	
23	11-12 50 Backstroke	24	
25	10 & U 50 Backstroke	26	
27	11-12 100 Breaststroke	28	
29	10 & U 100 Breaststroke	30	
31	11-12 50 Butterfly	32	
33	10 & U 50 Butterfly	34	
35	12 & U 500 Freestyle	36	
<b>Saturday Afternoon</b>		<b>Warm-up no earlier than 12:00 p.m.</b>	<b>Meet Begins no earlier than 1:15 p.m.</b>
<b>Women's Event</b>		<b>Men's Event</b>	
37	Open 200 Medley Relay	38	
39	13-14 200 Medley Relay	40	
41	8 & U 25 Butterfly	42	
43	Open 200 I. M.	44	
45	13-14 200 I. M.	46	
47	8 & U 50 Freestyle	48	
49	Open 100 Freestyle	50	
51	13-14 100 Freestyle	52	
53	8 & U 25 Backstroke	54	
55	Open 200 Backstroke	56	
57	13-14 200 Backstroke	58	
59	8 & U 50 Breaststroke	60	
61	Open 100 Breaststroke	62	
63	13-14 100 Breaststroke	64	
65	Open 200 Butterfly	66	
67	13-14 200 Butterfly	68	
69	Open 1650 Freestyle	70	

## CSC Winter Invitational Order of Events

<b>Sunday Morning</b>	<b>Warm-up at 7:30 a.m.</b>	<b>Meet Begins 8:30 a.m.</b>
<b>Women's Event</b>	<b>Men's Event</b>	
71	11-12 100 I.M.	72
73	10 & U 100 I.M.	74
75	11-12 100 Backstroke	76
77	10 & U 100 Backstroke	78
79	11-12 50 Breaststroke	80
81	10 & U 50 Breaststroke	82
83	11-12 100 Freestyle	84
85	10 & U 100 Freestyle	86
87	11-12 100 Butterfly	88
89	10 & U 100 Butterfly	90
91	11-12 200 Freestyle Relay	92
93	10 & U 200 Freestyle Relay	94
<b>Sunday Afternoon</b>	<b>Warm-up no earlier than 12:00 p.m.</b>	<b>Meet Begins no earlier than 1:15 p.m.</b>
<b>Women's Event</b>	<b>Men's Event</b>	
95	Open 200 Free Relay	96
97	13-14 200 Free Relay	98
99	8 & U 100 I.M.	100
101	Open 400 I. M.	102
103	13-14 400 I. M.	104
105	8 & U 25 Freestyle	106
107	Open 200 Freestyle	108
109	13-14 200 Freestyle	110
111	8 & U 50 Backstroke	112
113	Open 100 Backstroke	114
115	13-14 100 Backstroke	116
117	8 & U 25 Breaststroke	118
119	Open 200 Breaststroke	120
121	13-14 200 Breaststroke	122
123	8 & U 50 Butterfly	124
125	Open 100 Butterfly	126
127	13-14 100 Butterfly	128
129	Open 500 Freestyle	130
131	13-14 500 Freestyle	132