

Columbia Swim Club

Winter Invitational Swim Meet

Hickman High School
January 30-February 1, 2004

MVS SANCTION: MV-04-04

TYPE OF MEET: Age Group and Open, 8 & Under – Timed Finals

LOCATION: Hickman High School Pool, 1104 N. Providence Road, Columbia, Mo 65201.
DIRECTIONS: Traveling on I-70, exit at Providence Road. Turn south. Go one block past Business 70 (first light). Hickman Pool will be on the left.

FACILITY: A 25 yard, six lane, enclosed heated pool with a 30' x 30' section for warming up and cooling down; a wide apron; and seating for several hundred spectators. Colorado V Timing system with electronic start and single line display will be used.

STARTING TIMES:

FRIDAY:	Warm Ups: 5:15 p.m. Meet Starts: 6:30 p.m.
SATURDAY AND SUNDAY MORNINGS:	Warm Ups: 7:30 a.m. Meet Starts: 8:30 a.m.
SATURDAY AND SUNDAY AFTERNOONS:	Warm Ups: NOT BEFORE 11:30 a.m. Meet Starts: NOT BEFORE 12:30 p.m.

OFFICIALS:

Meet Referee:	Don Smith: 573-635-8799 fuzz442@hotmail.com
Meet Directors:	Dana Sheahen: 573-446-1110 dana_sheahen@yahoo.com Peter Markie: 573-445-5207 markiej@msn.com
Safety Marshals:	USA Swimming member lifeguards employed by Columbia Parks and Recreation.

ENTRIES: All swimmers must be 2004 athlete members of USA Swimming. The swimmer's age on Friday, January 30, 2004 determines the age for the meet.

Swimmers may swim **4 individual events plus one relay each day**. The following events may be limited to the 18 fastest swimmers: 400 Yard I.M., 500, 1000 and 1650 Yard Freestyle. These events may be seeded and swum without regard to gender. The 1650 and 1000 Freestyle may be swum fastest to slowest heats. Swimmers must provide their own timers and counters for the 500, 1000 and 1650 yard Freestyle.

Entries are limited to 350 swimmers excluding entries from the host club. In the event that fewer than expected entries are received, Saturday and Sunday events may be rescheduled in One Session (provided such session will meet the MVS 4-hour rule). If such rescheduling takes place, each team will be notified by telephone call prior to the meet.

Entries should be submitted on HYTEK disk or on Missouri Valley entry forms with entry times in yards.

FINAL RESULTS:

Teams submitting their entries on disk will receive their disk back at the end of the meet with final results. Final Results will be posted on the Missouri Valley Website at www.missourivalleyswimming.com and may include the swimmer's name, age, times and USA Swimming number. Final results will also be posted on the CSC website at www.csctigersharks.org.

Mail entries to:

Lisa Schenker
107 Westwood Ave.
Columbia, Mo. 65203
573-443-4189
email: lisa_schenker@hotmail.com

DEADLINE:

TUESDAY, JANUARY 20, 2004. Late Entries will be accepted at the discretion of the Meet Director. Overnight mail entries should NOT require a signature upon receipt.

FEES:

\$2.00 per individual event
\$5.00 per relay team
\$2.50 per swimmer MVS surcharge
\$3.00 per swimmer Columbia Parks & Recreation Facilities Use Fee

Deck entries will be accepted only if lanes are available.

Fees for deck entries will be:

\$4.00 per individual event

\$10.00 per relay team

If not previously entered in the meet, you will also need to pay \$2.50 per swimmer MVS surcharge and \$3.00 per swimmer Facilities Use Fee.

Please make checks payable to **Columbia Swim Club**.

SEEDING:

Meet will be pre-seeded, with deck entries permitted to fill empty lanes only.

MEET RULES:

2003 United States Swimming Rules and Regulations and 2003 Missouri Valley Swimming Rules will govern the meet. Missouri Valley Swimming Safety Guidelines and Warm-Up Procedures will be in effect. MVS Scratch Rule will apply.

AWARDS:

Ribbons for the top 6 finishers in each individual event and the top 3 teams in each relay event.

WARM UPS:

Warm up lanes will be assigned. Warm ups will be split if necessary and teams will be advised of their warm up times. Swimmers may not dive into the pool during general warm-up. Any swimmer diving into the pool may be disqualified from one or more events at the discretion of the Meet Referee. Swimmers may dive during a designated sprint warm up.

CONCESSION:

Food Concessions sponsored by Columbia Swim Club will be available throughout the meet. Dry Concessions will be available through Tryathletics.

HEAT SHEETS:

Heat Sheets will be available.

CSC Winter Invitational Order of Events

Friday		Warm-up at 5:15 p.m.	Meet Begins 6:30 p.m.
Women's Event		Men's Event	
1	Open 200 I.M.	2	
3	13-14 200 I.M.	4	
5	11-12 200 I.M.	6	
7	10 & U 200 I.M.	8	
9	Open 50 Freestyle	10	
11	13-14 50 Freestyle	12	
13	11-12 50 Freestyle	14	
15	10 & U 50 Freestyle	16	
17	Open 1000 Freestyle	18	
Saturday Morning		Warm-up at 7:30 a.m.	Meet Begins 8:30 a.m.
Women's Event		Men's Event	
19	11-12 200 Medley Relay	20	
21	10 & U 200 Medley Relay	22	
23	11-12 200 Freestyle	24	
25	10 & U 200 Freestyle	26	
27	8 & U 50 Freestyle	28	
29	11-12 50 Backstroke	30	
31	10 & U 50 Backstroke	32	
33	8 & U 25 Backstroke	34	
35	11-12 100 Breaststroke	36	
37	10 & U 100 Breaststroke	38	
39	8 & U 50 Breaststroke	40	
41	11-12 50 Butterfly	42	
43	10 & U 50 Butterfly	44	
45	8 & U 25 Butterfly	46	
47	12 & U 500 Freestyle	48	
Saturday Afternoon		Warm-up no earlier than 11:30 a.m.	Meet Begins no earlier than 12:30 p.m.
Women's Event		Men's Event	
49	Open 200 Medley Relay	50	
51	13-14 200 Medley Relay	52	
53	Open 400 I.M.	54	
55	13-14 400 I.M.	56	
57	Open 100 Freestyle	58	
59	13-14 100 Freestyle	60	
61	Open 200 Backstroke	62	
63	13-14 200 Backstroke	64	
65	Open 100 Breaststroke	66	
67	13-14 100 Breaststroke	68	
69	Open 200 Butterfly	70	
71	13-14 200 Butterfly	72	
73	Open 1650 Freestyle	74	

CSC Winter Invitational Order of Events

Sunday Morning	Warm-up at 7:30 a.m.	Meet Begins 8:30 a.m.
Women's Event	Men's Event	
75	11-12 100 I.M.	76
77	10 & U 100 I.M.	78
79	8 & U 100 I.M.	80
81	11-12 100 Backstroke	82
83	10 & U 100 Backstroke	84
85	8 & U 50 Backstroke	86
87	11-12 50 Breaststroke	88
89	10 & U 50 Breaststroke	90
91	8 & U 25 Breaststroke	92
93	11-12 100 Freestyle	94
95	10 & U 100 Freestyle	96
97	8 & U 25 Freestyle	98
99	11-12 100 Butterfly	100
101	10 & U 100 Butterfly	102
103	8 & U 50 Butterfly	104
105	11-12 200 Freestyle Relay	106
107	10 & U 200 Freestyle Relay	108
Sunday Afternoon	Warm-up no earlier than 11:30 a.m.	Meet Begins no earlier than 12:30 p.m.
Women's Event	Men's Event	
109	Open 200 Free Relay	110
111	13-14 200 Free Relay	112
113	Open 200 Freestyle	114
115	13-14 200 Freestyle	116
117	Open 100 Backstroke	118
119	13-14 100 Backstroke	120
121	Open 200 Breaststroke	122
123	13-14 200 Breaststroke	124
125	Open 100 Butterfly	126
127	13-14 100 Butterfly	128
129	Open 500 Freestyle	130
131	13-14 500 Freestyle	132