



News & Swim Views

March/April 2005

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Coach's Corner

Hello Everyone!!! I hope everyone had a great spring break! Now that another exciting and successful season has ended, it is time to get ready for our long course season. Before we do that, I want to take a minute and talk about two very important items that I have noticed during our championship meets. The first is the health of your children. Unfortunately, February was very tough on our club. It seemed like every swimmer on the team was sick at one point or the other. This is something we cannot always control, but it is important to understand that a healthy swimmer is most likely going to be a FAST swimmer. So all swimmers who were sick leading up to your championship meets, I am very proud of you for your ability to focus and be at your best when competing.

The other item I want to discuss is that of championship meet attendance. I am not sure how many best swims were posted during our championship meets, but I know there were a lot. Sadly, I **do** know the number of best swims that were posted by swimmers who DID NOT attend these meets. That number is and always will be 0!!! As parents and swimmers you need to realize that everything the coaches plan during practices are geared towards these championship meets. That is what we work for and that is where our goals are hopefully fulfilled. In the seasons to come I would hope that we maximize the number of swimmers who attend our championship meets. So please look at the summer meet schedule so that you can plan ahead to attend these meets.

Finally, the summer's long course season looks to be exciting. It is essential that swimmers keep training and competing over the summer months, and this is a great time to focus on your swimming. I know from personal experience that you become significantly better over the summer if you commit to doing so. If you have any questions about the long course season please feel free to ask.

Again, thanks for another great season. It amazes me that we continue to improve so dramatically each season. With that being said, I know we can and will continue our progress in the future. I challenge myself everyday to become a better coach and a better person. I hope that everyone involved with the club will do the same. See you at the pool!!!

Phil



MEET RESULTS

Division II Championships:

February 25-27, 2005

Name	Best Swims	Top 8
Connor Chrisman	6	6
Katie Dirks	3	1
Andrew Heath	5	5
Matt Hendren	2	1
Coleman Hodges	7	6
Wyatt Hodges	4	3
Deanne Human	3	1
Kate Hunt	9	6
Austin McCray	2	0
Jordan Powell	3	1
Nathan Stump	3	0
Natalie Walker	2	0
Blake Ward	0	0
Cameron Ward	6	1
Allison Wright	8	3



Event Winners:

Andrew Heath Senior Men
200 IM

Coleman Hodges 13-14 Boys
200 Breaststroke

Wyatt Hodges Senior Men
400 IM

Deanne Human 10-Under Girls
50 Breaststroke

Kate Hunt 13-14 Girls
100 Freestyle
200 Freestyle

Division I Championships:

March 11-13, 2005

Name	Best Swims	Top 16	Top 8
Katherine Caldwell	2	1	1
Alec Diaz-Arias	5	1	0
Danny Diaz-Arias	0	0	0
Lucas Diaz-Arias	7	4	1
Nick Harl	4	1	0
Andrew Heath	1	0	0
Coleman Hodges	4	0	0
Wyatt Hodges	4	3	1
Grant Hunter	9	7	5
Leah Hunter	1	0	0
Bob Markie	7	5	1
Holly Payne	5	0	0
Sam Rainey	4	1	0
Kevin Schoelz	1	1	0
Michael Shoelz	4	4	0
Michael Sheahen	7	3	2
Katie Silvey	2	0	0
Kristen Silvey	3	1	0
Kc Stone	9	5	4
Brandon Walker	1	0	0
Eric Wetz	4	7	7
Dane Wilson	2	2	2

Event Winners:

Eric Wetz 10-Under Boys
50, 100, 200 Freestyle, 200 IM

Records Broken:

Eric Wetz 10-Under Boys
200 IM

Kc Stone 10-Under Girls
50, 100, 200 Freestyle



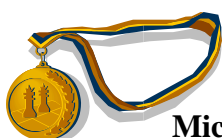
Wilson makes first Sectional cut at Division I meet:

Congratulations to **Dane Wilson** for qualifying for the Central Section Region VIII Championships in the 1000 and 1650 Freestyle!!!!

Central Section Region VIII Championships:

March 3-6, 2005

Name	Best Swims	Top 24	Top 16	Top 8	Name	Best Swims	Top 24	Top 16	Top 8
Chuck Caldwell	4	2	2	2	Leah Pierce	0	4	2	2
Lauren Cooper	2	0	0	0	Claire Piester	0	0	0	0
Danny Diaz-Arias	3	0	0	0	Marie Pope	2	0	0	0
Lucas Diaz-Arias	4	2	1	1	Julie Schenker	1	0	0	0
Kayla Durnil	1	2	0	0	Mary Sheahen	0	1	0	0
Elizabeth Harper	1	0	0	0	Michael Sheahen	5	1	0	0
Natalie Kirchhoff	3	4	1	0	Carly Sullivan	0	5	4	3
Corey Murphey	1	0	0	0	Mary Wetz	0	0	0	0



Team Records Broken:

Michael Sheahen 13-14 Boys 500, 1000, 1650 Freestyle

CSC Spring Banquet

The Annual CSC Spring Banquet will be held at the Calvary Episcopal Church, 123 S. 9th Street, on Sunday, April 24 at 4:00. This is always a fun occasion for getting together with swimming friends, recognizing the swimmers for all they've done throughout the year, and even conducting some important club business. Coaches will recognize all swimmers for their participation in the short course season, so don't miss this!

The club will provide a main dish, dessert, beverages, and table service. Each family should bring two side dishes (vegetables, pasta, bread, etc.) to share with the other swimmers and families.

Also, please start looking through your photos of swimmers and gather any you would like to see in the annual slide show. Watch for more information on that, coming soon.

If you are interested in helping out with the banquet, please contact Jenny Powell at:

573-875-5338 (home),
573-268-6406 (cell), or
jenpow62@aol.com.

Please RSVP to Jenny by April 18 (email preferable!) so we'll be sure to have enough food.



Update:

CSC Winter Invitational

The books on 2005 CSC Winter Invitational are almost closed with only a few items outstanding. The results are extraordinary. We had 425 swimmers participate for our biggest meet ever. We are anticipating a profit for the club of \$16,720.00. By comparison, our profit from the 2004 meet was \$8,350.00. More than half of this year's profit, approximately \$9,100.00, comes from donations, which is again a significant increase over the 2004 meet, when the donations were approximately \$3,760.00.

The club owes a special thanks to **Sid Silvey** and **Kallie Chrisman** for their fantastic work in this area in particular.

Thanks to our Sponsors!

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Ryan's Steakhouse	T's etc.

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	Megan Pittman		
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